

Gym Academy

Specialists in new and re-engineered gym equipment. Suppliers to both home and commercial environments

Gym Academy - Life Fitness Integrity Series Crosstrainer – full commercial refurbished



Designed use: Heavy / Commercial

Maximum user weight: 350 pounds / 160 kilograms

Power requirements: Self-powered or 6-Volt rechargeable battery

Pedal Speed Range: 2.4 kph -23.0 kph (1.5 mph-14.3 mph)

Drive Type: Belt / alternator

Workouts: Quick Start, Manual, Cardio, Fat Burn, Heart Rate Hill™, Heart Rate Interval™, Extreme Heart Rate™, Random, Hill, Calories Goal, Distance Goal, Time in Zone Goal, Time-based Goal, Custom Workouts (6), Life Fitness Fit Test, Cool Down Mode, Cross-Train Aerobic, Cross-Train Reverse, Speed Training, Around the World, Cascades, Foothills, Interval, Kilimanjaro

Heart rate monitoring systems: Patented Lifepulse™ digital contact heart rate and Polar® telemetry-compatible heart rate monitoring system

Console displays: Elapsed time, total distance, distance climbed, total calories burned, pace, calories burned per hour, heart rate, target heart rate, Watts, METS, workout profile, custom start message, speed, incline

Ports (2): Type RJ45

Headphone jack: 3.5mm Stereo, 150mW max

Physical dimensions:

Length 211 cm (83 in.)

Width 77 cm (30.5 in.)

Height 160 cm (63 in.)

Weight 133 kg (293 lbs.)

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RRP - £3195 (brand new)

Fully refurbished – [Gym Academy Price](#) £1595.00 including delivery, installation and vat.

Price includes 12 months warranty.

Monthly rental available at £85pcm to ground floor locations, minimum rental period is 3 months payable in advance with delivery and uplift fee. Email us on info@gymacademy.co.uk for more details.